

You are scheduled for a Sigmoidoscopy at St John Oakland Hospital on _____ with:

- _____ Dr Siegel
- _____ Dr Katz
- _____ Dr Villaluz

This procedure requires you to purchase 2 fleet enemas. Use 1 enema the evening before your procedure and the other enema the morning of your procedure 1 hour before leaving for the hospital.

Also, you may not have anything by mouth after 12:00 midnight the night before your procedure until the procedure has been completed. You will need to have a driver over the age of 18 to drive you home. The hospital will contact you the day before the procedure with your arrival time.

Should you have further questions, please feel free to contact our office.